

AKE HARTWELL CRUISER GA CHAPTER I-2

Region A, GA District LAVONIA, GA gachapteri2@gumlog.net

Gold Wing Road Riders Association

http://chapteri2.gwrra-ga.com/

March 2013 Volume 4, Issue 3

Director's Notes



February is over and March came in like a Lion!!!! Hope it goes out like a Lamb!!! I know that everyone is ready for nice riding

We had a great meeting in February with 38 attending. We had visitors from S.C. Chapter I. It was nice to see them again.

Our lunch ride to Gumlog Barbeque was good as always, with 16 attending, if you left there hungry it was your own fault.

There has been a change in GWRRA this month. The OCP (Officers Certification Program) is not mandatory for anyone effective March 1, 2013. However, OCP is not going away. It will still be offered and promoted to its fullest. It is now only a one day class, and is also available on line. We recommend that all members take this class if you have the opportunity. It will give you a better understanding of the organization, and help you be more successful in GWRRA.

Motor Awareness class has been added to the Rider Levels program. You have to have one motor awareness class to move to Level 3 or Level 4. This is a onetime only class. You ask WHY we need a Motor Awareness class. The class is to help you recognize and describe to others that you talk to about motor awareness. It will also help you in becoming more aware of what is happening around you. MARCH 23, AT 9:A.M. We will have a Motor Awareness class at Line Fire Department. Please make plans to attend, even if you are not in the Levels program, you will benefit from this class. After the class we will be going to Downtown Café for lunch.

April 6, Team Riding and Road Captain course. This class will also be at the Fire Department. I would like to express our thanks to the Line Fire Department for the use of their building. They have a great place for us to have these classes.

May 4, Trike Advance Riders Course, starts at 8 a.m. at Franklin County Recreation Department, Carnesville, GA. This is an all day class. Class room in the morning and road course after lunch.

Next gathering is April 20th at Shoney's. Please make your plans to attend.

Ride Safe and Often!!!!!

Frank





Chapter Directors Frank & Melinda Brothers

I-2 Team

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Chapter Treasurer Linda Watkins 706-865-2922

Chapter Educator Larry & Delores Crouse 706-757-3021

Membership Enhancement & 2012 GA-I2 C.O.Y. Genie & Joel Deaton

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Motorist Awareness "MA"

& Hospitality Jeanna & Alan Phillips Cell: 706-224-1206

2013 GA-I2 Couple of the Year

Margaret & Ronnie Vaughn

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Scrapbook Editor Karen Lewis Cell. 706 680 2589

Ride Coordinator Vacant

Ways & Means Vacant

Web Master Ronnie Vaughn Cell: 706-340-7320

Chapter I-2 Mascots Bucky & Cupcake Blacksheep

Friends for Fun, Safety and Knowledge



Larry Crouse Chapter Rider Educator





TOPIC: Team Riding Responsibilities

In GWRRA we are always doing things in groups. We meet our fellow chapter members and ride together for a weekly dinner run. Or we join each other for a weekend breakfast before going on a run. Or we make an ice cream run together on a weekly basis. Most chapters have this kind of camaraderie and fellowship in one form or another. Then there are the monthly Gatherings where we meet and eat and have fun. And the rides to visit other chapters and support them at their Fun Run or Anniversary Party or Pig Out, and various other events that chapters put on. Much of the time we ride together in groups traveling to and from our various destinations.

Whenever we ride in groups, someone is in the Lead position. Hopefully, it is one of our GWRRA-trained Road Captains. In our chapter, it is someone whom we trust, respect and have confidence in. Someone with good judgment who is prepared to lead the group from the starting point all the way to our destination. Someone who has a planned route and shares it with all who join the ride. S/He holds pre-ride meetings with all participants to tell us the route, advise us of any stops along the way, and discuss our speed on the road. Our Lead may ask questions about who is on medication, who may need to stop at shorter intervals (perhaps due to a smaller gas tank), who has a CB radio and who does not etc. Our Road Captain covers hand signals for riders that are new to our group, too. Our Road Captain has been leading our rides for a few years now. We don't think twice about following him/her because s/he never lets us down. We always arrive safely when we follow our Road Captain. We are very fortunate to have such a capable Road Captain in the Lead!

We also have another Road Captain, trained in the GWRRA way, to bring up the rear of the group. This is our Drag bike, or Tail Gunner. These two (Lead & Drag) work together like Lennon and McCartney. The Drag seems to know what the Lead is thinking, securing the lane almost as the thought passes through the mind of our Lead. They communicate well with each other and with the rest of the *team*. They let the group know what is going on around us. They inform us about things, like telling us we will be turning — in advance of the turn; when a car is attempting to pass the group on a 2-lane math or when a car is passing on the right when we are on the highway. Our Lead and Drag always keep us aware of hazards on the road and all around us. We know they are looking out for the safety of the group. With Road Captains of this caliber, we feel very safe. We know we can enjoy the ride and watch the scenery with these two in charge.

Wait! Stop right there! We *all* need to remember that even those of us in the middle of the formation have responsibilities. We are responsible to pass on the hand signals from the Lead, such as for single file, stagger formation, pointing out potholes and road kill, sand in the corners, and other hazards, etc. We need to be aware who we are riding with, too. The burden is not all on the Road Captains. We cannot sleep because we ride in the middle of the pack. We need to maintain safe spacing with the other bikes around us. And most importantly, we need *to* ride our own ride. We *must* stay alert. Hazards don't always appear in front of the Lead bike. Sometimes they come at the riders in the middle of the group We need to be aware of our surroundings and always be prepared to react to the unexpected at all times. We must *remember* that, just be*cause* our Road Captain is leading us, we are not excused from thinking for ourselves and riding our own ride. We are all responsible for our own safety at all times. *Never* give *that* responsibility away. It is nice to have someone willing to help look out for your safety, but ultimately, it is your life. Guard it wisely! Be sure to ride your own ride, even while Team Riding!



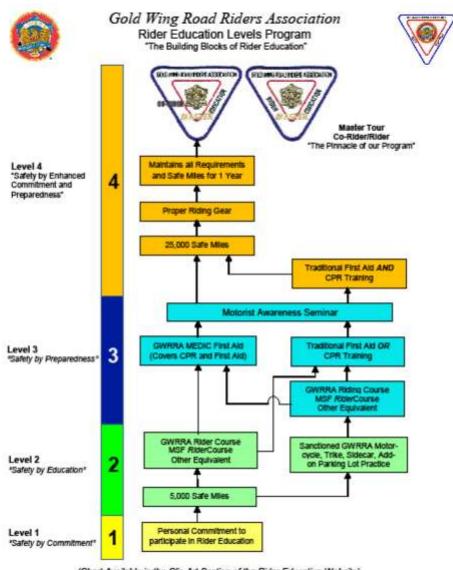
Rider Education



Seminars, and classes that are available at the Chapter Level.

- 1. "Level Up" PPT Presentation
- 2. Co-Rider Seminar
- 3. Co-Rider-Two Seminar
- 4. Riding With New and/or Inexperienced Riders
- 5. Motorcycling for Mature Riders
- 6. Seasoned (Mature) Rider Supplement
- 7. Road Captain Course
- 8. Team Riding Seminar
- 9. "Dealing With Different Elements"

- 10. Riding in the Heat
- 11. Night Riding ...
- 12. Motorcycle Crash Scene Response
- 13. High Side Scenarios
- 14. "Going, Going, Gone"
- 15. Trailering Seminar
- 16. Why_Motorist_Awareness_1_2013.ppt
- 17. "Think Motorcycles" ppt presentation
- 18. "Share the Road Think Motorcycles Seminar"



(Chart Available in the Clip Art Section of the Rider Education Website)



QUICK TIPS: Guidelines For Riding With A Passenger On Your Motorcycle

Legal Considerations

- All state laws and requirements for carrying a passenger must be followed.
- Some states have specific equipment requirements. Examples: the motorcycle must have passenger footrests, passengers must be able to reach the footrests, and a motorcycle must have a separate seating area for a passenger.
- 3. The decision to carry a child, assuming all safety and legal factors have been considered, is left to the parent or guardian. Ensure that the child is mature enough to handle the responsibilities, tall enough to reach the footrests, wears a properly fitted helmet and other protective gear, and holds onto you or the passenger hand-holds. Check your state's laws; a few states have set minimum ages for motorcycle passengers.

Operator Preparation

- Passengers should be considered as a second "active" rider so they can help ensure that safety and procedural operations are correctly followed.
- A passenger will affect the handling characteristics of a motorcycle due to the extra weight and independent motion.
- A passenger tends to move forward in quick stops and may "bump" your helmet with theirs.
- 4. Starting from a stop may require more throttle and clutch finesse.
- Braking procedures may be affected. Braking sooner and/or with greater pressure may be required.
- More weight over the rear tire may increase the usefulness and stopping power of the rear brake, especially in quick stop situations.
- Riding on a downgrade will cause braking distance to increase compared to a flat surface.
- Extra caution is called for in a corner because of the extra weight. Cornering clearances may be affected.
- More time and space will be needed for passing.
- 10. The effects of wind, especially side wind, may be more pronounced.

Motorcycle Preparation

- The motorcycle must be designed to accommodate a passenger.
- The motorcycle owner's manual should be reviewed for manufacturer's tips about motorcycle setup as well as any related operational recommendations.
- The motorcycle's suspension and tire pressure may need adjustment.
- Care should be taken to not exceed the weight limitations specified in the owner's manual.

Passenger Preparation

- Passengers should be tall enough to reach the footrests and mature enough to handle the responsibilities.
- Passengers should wear proper protective gear.
- Passengers should receive a safety briefing (see #7 below).
- Passengers should consider themselves a second operator and share responsibility for safety.

General Safety Considerations

- You need to be experienced in the motorcycle's operation and have a safetyoriented attitude before taking on the added responsibility of carrying a passenger.
- Practice low-speed clutch/throttle control as well as normal and emergency braking in a low-risk area like an open parking lot, with a passenger.
- Use caution in cornering and develop cornering skills over time to ensure passenger comfort and safety.
- 4. Use caution in corners as clearance may be affected.
- Use MSF's Search, Evaluate, Execute strategy (SEE[™]) to increase time and space safety margins.
- Allow time for a passenger to adjust to the sense of speed and the sensation of leaning; speeds should be conservatively safe and reasonable until a passenger acclimates to the proper riding techniques.
- 7. Ensure passengers follow safety procedures:
 - a. Complete personal protective gear is properly in use.
 - Hold operator's waist or hips, or motorcycle's passenger hand-holds.
 - c. Keep feet on footrests at all times, including while stopped.
 - Keep hands and feet away from hot or moving parts.
 - e. When in a corner, look over the operator's shoulder in the direction of the corner.
 - f. Avoid turning around or making sudden moves that might affect operation.
 - g. If crossing an obstacle, stand on the pegs with the knees slightly bent and allow the legs to absorb the shock upon impact.
- 8. Allow more time for passing.
- Be ready to counter the effects of wind.
- Avoid extreme speeds and dramatic lean angles.
- Be ready for a passenger "bump" with their helmet or with their whole body sliding forward during hard braking.
- Have the passenger mount after the motorcycle's stand is raised and the motorcycle is securely braced. Hold the front brake lever if the surface isn't level.
- Have the passenger dismount first.
- Annually complete a Basic RiderCourse 2 Skills Practice with a passenger.
- Have frequent passengers complete a Basic RiderCourse so they can better understand the operator's task.

www.msf-usa.org 07/12



Jeanna Phillips Motorist Awareness Coordinator





Dress Loud & Ride Proud

Motorcycle Safety Awareness Month (May 2013)

Shared Respect Among All Road Users Can Save Motorcyclists' Lives!

Motorcyclist fatalities increased slightly in 2010 to 4,502 accounting for 14 percent of total fatalities for the year. This increase in motorcycle fatalities for the year picks up the overall increasing trend over the last 13 years that saw a one-year decline in 2009 when 4,469 motorcyclists were killed. However, the greatest decrease in the estimated number of injured people is among motorcyclists, with an 8.9-percent decrease.

With respect to motorcyclist fatalities, fatalities among motorcyclists 50 and older increased by 119, whereas fatalities among motorcyclists under 50 declined by 84.

Per vehicle mile traveled (VMT) in 2009, motorcyclists were 25 times more likely than passenger vehicle occupants to die in a motor vehicle traffic crash and 5 times more likely to be injured.

In 2010, 42 percent of fatally injured motorcycle riders and 51 percent of fatally injured motorcycle passengers were not wearing helmets at the time of the crash.

Alcohol-impaired-driving fatalities (fatalities in crashes involving a driver or motorcycle rider (operator) with a blood alcohol concentration (BAC) of .08 grams per deciliter (g/dL) or greater) declined by 4.9 percent in 2010 accounting for 31 percent of overall fatali-ties.

In fatal crashes in 2010, a higher percentage of motorcycle riders had blood alcohol concentrations (BAC) of .08 grams per deciliter (g/dL) or higher than any other type of motor vehicle driver. The percentages for operators involved in fatal crashes were 28 percent for motorcycles, 23 percent for passenger cars, 22 percent for light trucks, and 2 percent for large trucks.

Forty-two percent of the 1,921 motorcycle riders who died in single-vehicle crashes in 2010 had BAC levels of .08 g/dL or higher. Sixty-five percent of those killed in single vehicle crashes on weekend nights had BACs of .08 g/dL or higher.

In 2010, more than one-fifth of motorcycle riders (22%) involved in fatal crashes were riding with invalid licenses at the time of the collision.

NHTSA estimates that helmets saved the lives of 1,483 motorcyclists in 2009. If all motorcyclists had worn helmets, an additional 732 lives could have been saved.

Over the past decade, the age group with the largest increase in motorcyclist fatalities (from 1,261 in 2001 to 2,523 in 2010) was the 40-and-older age group. During this same time period, riders of the largest motorcycles (those with engine size 1,000 cc and above) saw the largest increase in fatalities.



Gold Wing Road Riders Association Friends for Fun, Safety and Knowledge

March Birthdays

14 Frank Crane

(Happy 75th Birthday, Frank)

- 23 Terry Swain
- 31 Shane Funderburke





March Anniversaries

25 Shane & Sally Funderburke

CONCERNS

Terry Swain's father of Greensboro, NC, is in failing health. Please keep Terry & Tim in your thoughts and prayers.

Julie Degler, Ga. District Rider Educator, had hip replacement surgery and is recovering nicely.

Ralph Jordan, Karen Lewis' dad, has been diagnosed with bone marrow cancer but showing improvement at last checkup.

Kaylia, Ronnie & Karen Lewis' daughter, is expecting her first child. Ronnie & Karen are walking on cloud nine to becoming Grandparents. Congratulations.



CONDOLENCES

In Appreciation



In appreciation to Joel & Genie Deaton for representing Chapter I-2 as Couple of the Year 2012 (COY).





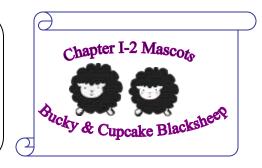
Congratulations to Margaret & Ronnie Vaughn for being selected as Chapter I-2's Couple of the Year 2013 (COY).

WELCOME!



Thank you all for joining us today, it's nice to see the familiar faces of our chapter family.

We would especially like to welcome our visitors, it's great to meet new people and have previous visitors return again.





Up Coming Events





March 16	Chapter I-2 Gathering at Shoney's. Eat at 11am, Meeting 12-1pm.
March 21-23	GWRRA Florida District Convention, WorldGate Resort (formally Radisson), at 3011 Maingate Lane, in Kissimmee, Florida.
March 23	GWRRA "Motorist Awareness" Seminar, 9 am Line Fire Dept., 545 Pleasant Hill Circle, Martin, Ga.
March 23	Chapter I-2 Lunch Ride to "Downtown Cafe & Pizzeria", Lavonia, GA.
April 6	GWRRA "Team Riding" & "Road Captain" seminars. 9 am "Line Fire Dept., 545 Pleasant Hill Circle, Martin, Ga.
April 11-13	GWRRA Alabama District Convention, Ashbury Hotel and Suites 600 West I-65 Service Road South Mobile, Alabama 36085.
April 20	Chapter I-2 Gathering at Shoney's. Eat at 11am, Meeting 12-1pm.
April 25-27	GWRRA South Carolina District Convention, 9280 University Blvd., North Charleston, South Carolina 29406.
April 25-27	GWRRA Tennessee District Convention, Camp Jordan Arena, East Ridge, Tennessee.
April 27	Chapter I-2 Lunch Ride, "Hog Wild Bar B Q", Clarkesville Ga. Meet at Lavonia Exxon 10 am.
May 4	Trike -Advanced Rider Course (TRC) for the Chapter. Will be held at the Franklin County Recreation Dept, 557 Rocky Ford Rd., Carnesville, GA.
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Chapter Classifieds Bike & Non-Bike Items

- 1. 2009 Alumna Ltd., TKI Trailer, aluminum wheels, aluminum fenders with vinyl gravel guard, stainless steel tie-down loops, aluminum ramp with storage underneath, aluminum salt shield/rock guard (24" tall with tool box), front triangle storage box with lid, spare tire, front wheel chock, overall length=187", overall width=86", bed size 63"x137". Excellent condition. \$3,000. Contact Glenn Argo at 706-549-8232 or glennargo@hotmail.com
- 2. Scorpion EXO-900 Modular helmet (with sunshade) Black, Size S. New in 2012 (\$269.95), Hardly worn, excellent condition. \$150. Contact Glenn Argo at 706-549-8232 or glennargo@hotmail.com.
- 3. <u>1</u> HJC Open Face Helmet (with sunshade), Black, Size L. good condition, \$50. <u>1</u> HJC Open Face Helmet, Black, Size XL. Excellent condition, \$50. Worn one time. Contact Glenn Argo at 706-549-8232 or <u>glennargo@hotmail.com</u>.
- 4. <u>1</u> Black Leather chaps, size medium. Good condition. \$40. Contact Glenn Argo at 706-549-8232 or <u>glennargo@hotmail.com</u>.
- 5. Vertical (hidden) hitch for '01-'10 Goldwings (probably '11, too). It was on my '05 and worked beautifully, but I'm converting to a trike, so it's coming off. Currently on sale for \$160 at "WingStuff" (search for item 45-1806) but you can have this one for \$120. Call Cal Krefft 706-839-7655.
- 6. Brand New "Olympia Air Glide 2" men's pants, size 42. Never worn, still have the tags on them \$150.00. Call Larry at (678) 316-6191, or Email: lwatkins@windstream.net.
- 7. "Milwaukee" Leather Expandable, Motorcycle Bag. Just like new, with lots of storage space. Paid \$120.00, will take \$50.00. Call Larry at (678) 316-6191.
- 8. PRICE REDUCED: Like new 2008 Palomino Gazelle Ultra Lite Camper for sale. Model # G-178QB (Queen Bed),19½Ft. Perfect for small family or couple. Kitchen includes sink, micro, stove and oven. Bathroom includes commode, sink and shower. Cool AC and warm heat. Stereo with surround sound. Outdoor grill. Outdoor handheld shower. Never been smoked in nor had pets. Bought new in 2009 and used 3 times. Stored under a carport. Selling due to husband's ill health and unable to use. Asking \$8500. Call Bob at (706) 599-6064 or Bobbie (706) 491-6508 or home (706) 282-0637
- 9. New "Kuryakyn" rider backrest for GoldWing 1800. \$125.00, "Pace" Trailer 16' x 8' 6", Rivetless sides, 2 vents in roof, E-Track down both sides and down the middle (recessed in floor), 5500 lb. rated axles, tread-plate covering lower front panel, ramp rear door (heavy duty); \$6,900.00 Like New! Contact Joe Colvard (706)988-9048, pictures available upon request.
- 10. Assorted Bits and pieces leftover from '02 1800 GoldWing (Illusion Blue), and '08 1800 GoldWing (Dark Red Metallic) TRIKE CONVERSIONS. These parts include, complete rear-end assemblies, brake-discs, rearwheels, side-bags, etc. IF You need parts for repairs or just to have extra on-hand contact me. Ronnie at (706)340-7320 OR EMAIL ronaldmargaret@bellsouth.net.



Please Support Chapter 1-2 Spousous

For information on being a Sponsor

E-Mail: gachapteri2@gumlog.net Web Site: chapteri2.gwrra-ga.com/



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Rusty Bell



Lavonia, Ga. 30553 Phone 706-356-4061

Owner

Keith Farmer





Manager Amy Bruce 14249 Jones St. Lavonia, Ga. 706-356-2345

Hours: Mon-Thurs 11am-10pm Fri-Sat 11am-11pm Sun 12pm-10pm





RANDY SHIRLEY Sheriff

Office: 706-886-2525

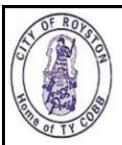
70 Alexander Street Investigations: 706-886-7048 Suite 205 Jail: 706-886-0591 Toccoa, Georgia 30577 Fax: 706-886-9493

scsoshirley@windstream.net



Franklin County Sheriff's Office

SHERIFF STEVIE D. THOMAS



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Royston Police Department Donnie Bolemon, Chief



BRUCE CARLISLE Police Chief

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Caring Friends ... When Life Hurts Most



March 2013



February 2013							April 2013						
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3	4	5	6	7	8	9
		"Daytona Bike	Week'' ♦ Sunshine Park Mall, Da	l aytona Beach, FL		
Daylight Savings Time B	11	12	13	Frank Crane Birthday	15	► 11:00AM - 1:00PM Chapter I-2 Monthly Gathering ("Shoney's, Lavonia, GA)
"Daytona Bike Week" ♦ Sun				FLORIDA D	ISTRICT CONVENTION ♦ K	
17	18	19	20	21	22	Terry Swain's Birthday 9:00AM - 11:00AM GWRRA Motorist Aware 11:30AM - 1:00PM Ga I 4:30PM - 7:30PM Ga I-2
	Shane & Sally Funderbu					
24	25	26	27	28	29	30
Easter Sunday ♦ United State Shane Funderburke's Bi	1	2	3	4	Larry & Linda Watkins	▶ 9:00AM - 12:00PM GWRRA "Team Riding" & "Road Captain" seminars ("Line Fire Dept., 545 Pleasant Hill Circle, Martin, Ga.)

April 2013



March 2013							May 2013						
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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
31	1 2		3	4	Larry & Linda Watkins	9:00AM - 12:00PM GWRRA "Team Riding" & "Road Captain" seminars ("Line Fire Dept., 545 Pleasant Hill Circle, Martin, Ga.)
	Joe Colvard Birthday	Judy Thomason's BD.		ALABAMA	DISTRICT CONVENTION •	Mobile, Ala
7	8	9	10	11	12	13
14	Karen Lewis' Birthday	16	17	18	19	▶ 11:00AM - 1:00PM Chapter I-2 Monthly Gathering ("Shoney's, Lavonia, GA)
	Melaine & Rod Oliver's	Bruce Gregory's Birthday			ct Convention ♦ Camp Jordan A	
21	22	23	24	25	DISTRICT CONVENTION •	North Charleston, SC 10:00AM - 1:00PM Chapter I-2 Lunch Ride (Hog Wild Bar B Q, Clarkesville Ga)
28	29	30	1	Joyce Argo's Birthday	3	▶ 8:00AM - 5:00PM Trike Advanced Rider Course (T- ARC) (Franklin County Recreation Dept, 557 Rocky Ford Rd., Carnesville, GA)

Gold Wing Road Riders Association

Georgia District NEWSLETTER March 2013



THE START OF RALLY SEASON

District Team

District Directors

Tommy & Vicky Martin

GeorgiaDD@gwrra-ga.com (678) 725-1632

Assist. District Directors Couple of the Year Coordinators

Sid & Donna Cohen

Cateringbycohen@gmail.com (706) 340-5737

Assist. District Directors

Jim & Kay Elrod

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Ride Educators

Roy & Julie Degler

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Membership Enhancement Coordinator

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Robertthickly@comcast.net (770) 922-5564

District Treasurers/ Newsletter Editor

Traci & Ken Thrasher

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District Webmaster

Sherrel & Kay Davis

webmaster@gwrra-ga.com

Chapter of the Year Coordinators

Dick & Peg Hopkins

ram35@bellsouth.net (770) 375-8971

Region A Directors **Bob & Nan Shrader**

regiondirector @gwrra-regiona.org March has arrived and the Rally Season begins. We attended the first Georgia Chapter Fun Day of the year, the Chapter S Sweet Heart Fun Day. Pat & Craig Whitehouse and their Chapter Members put on a first class event. The theme was "Marti gras" and everyone received strings of beads as they arrived. The fellowship and participation was great as well as the food, games and door prizes. There were several Chapters that participated in the Chapter Challenge; Chapter GA-E was victorious and took home First Place. The members that participated, and the ones that watched from the sidelines, were laughing and having a good ole time.

The Georgia District Travelers Plaque and the Region "A" Wander was offered for capture at the Chapter S Fun Day. The Travelers Plaque was captured by GA- Q and will be offered for capture on March 2nd in Warner Robins, GA. The Wander, captured by GA B-2, has since been captured by GA-A. (For info on both plagues, see page 3.) Get your Chapter pumped up and go after one or both of these plaques. It's all about visiting with fellow Members with a little competition included. So, have fun with it as you visit old

friends and make new one along the way.

Vicky and I attended the Horizons Course on the 16th & 17th of February. We spent a day and a half with friends (fellow members) learning more about GWRRA and team work. Some of the information we had seen and heard before, however, there were some new ideas and refreshed information that was well received by all. We participated in some team exercises that were fun and educational. This course reinforces the fact that team work is a vital part within the different levels of GWRRA (Chapter, District, Region, etc.) One person can't do it alone. Horizons is a great course and we recommend it for all members; it doesn't matter if you are an Officer or a JAM (Just A Member) the course has a lot to offer and it is FUN.

The Florida District Rally is the first of the year in Region "A" and is coming up on March 21-23, 2013 in Kissimmee. Their theme is *Wingin' into the Wild World of Sports*. It is a good time of the year to travel south, so let's go and support our next door neighbors and have some FUN at the Florida Rally.

Tommy & Vicky

FATIGUED THE NEW AMERICAN REALITY

fa·tigue (f^{Θ} - $t^{\overline{\Theta}}g^{\bullet}$)

n.

- **1.** Physical or mental weariness resulting from exertion.
- **2.** Something, such as tiring effort or activity, that causes weariness: *the fatigue of a long ride*.
- **3.** Physiology The decreased capacity or complete inability of an organism, an organ, or a part to function normally because of excessive stimulation or prolonged exertion.
- **4.** The weakening or failure of a material, such as metal or wood, resulting from prolonged stress.
- **5. a.** Manual or menial labor, such as barracks cleaning, assigned to soldiers.
- **b. fatigues** Clothing worn by military personnel for labor or for field duty.

v. fa·tigued, fa·tigu·ing, fa·tigues

v.tr.

- **1.** To tire with physical or mental exertion; weary.
- **2.** To create fatigue in (a metal or other material). *v.intr.*

Do you feel it? Have you felt it? I think all of us at one time or another can answer "Yes" to the previous questions! So, what does fatigue have to do with motorcycle safety?

Everything!

Have you ever been so tired you can hardly keep your eyes open? Traveled somewhere and then wonder if you forgot to lock the door? Cannot remember how you got there?

Have you ever been so hot that you did not think you could survive another minute? How about cold? Has your mouth ever been so dry that it is hard to swallow? Have you ever gone to bed late and gotten up early the next day? Repeatedly? Have you ever gone to bed after drinking too much alcohol and risen early the next day and still taste the alcohol? Have you ever ridden so long that your legs and rear end hurt no matter how you shift your body? Have you ever experienced stress? Written a monthly Newsletter article? There are many more questions that could be listed here, but we believe you understand where this is heading. Raise your hand if any of the questions above applied to you at one time or another. Go ahead...no one is looking. (Well maybe your significant other is, but they already know that you are crazy!) Anyway, we hope every**body's** hand is raised!

To paraphrase the above definition: Fatigue can be physical or it can be mental! Many medical professionals now believe that fatigue can be as devastating as or worse than being legally impaired by drugs or alcohol! **Yes Fatigue!**

Every time we get on our machines we are tasked with having and using twice as many skills as someone who rides in a cage. A study was conducted that indicates it requires 2500 skills to

ride a motorcycle versus 1200 to drive a car. (Do you realize that the drivers of the said "cages" face similar amounts of fatigue like you do? Not a very good combination when you meet on the road.) Fatigue can make us miss visual clues, retard our reflexes, see things that are not there. Now add in the distractions of; cell phones, GPS, music, conversation, work, a fight at home. Add your own thoughts to the list—clearly; "Danger is ever present"!

What we as motorcyclist have to do is be smart! If we are tired, haven't slept well, had too much to drink the previous evening, then we need to **not** even think about climbing aboard our machines. If we are traveling, we need to delay our departure, go back to bed! Once on the road we need to take periodic breaks. I am not going to set a mileage limit; your body will tell you all you need to know. Listen to it! Probably the most important thing you can do is: Stay hydrated! Hydration begins long before the ride! Also regulate your body temperature so as not to be too cold or hot and if you are uncomfortable, take a break! Take many breaks! Safety gear is a must-as in don't leave home without it!-but it also traps in heat. Many sets of chaps do not breathe. Stop and stroll the aisles of an air-conditioned store or drink a warm cup of coffee or tea, whatever

Continued on page 3.



Julie & Roy Degler Ride Educator

"So what does fatigue have to do with motorcycle safety?

Everything!"



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MARCH 2013

SUN	MON	TUE	WED	THU	FRI	SAT
					1	2 GA-E, F2, G
						Traveler
3	4 GA-G	5 GA-S	6	7	8	9 GA-B, D, P
10 Paylight-	11 GA- Q, T	12	13	14 GA-K, M	15	16 GA-A, C2, I2, J
Begins 9						Wanderer
17 Happy St. Patricks	18 GA- O	19	20	21 _{GA-D2}	22	23GA-B2, E2
Day!			Spring		Florida Rally, Kissimm	nee
24	25	26 GA-R	27	28 ga-h, l	29	30
Easter 31		Passover				

See website for times and locations of Chapter Gatherings. Please call before you visit to confirm date, time and location.

Georgia Traveler's Plaque: Chapter GA -Q, captured the plaque from GA-A, at GA-S Fun Day. They will be giving it away on March 2nd at the Golden Corral, 2624 Watson Blvd., Centerville, GA 31028-

Located in front of the Centerville Galleria Mall. Sign in 12:00 Noon—1:00 PM.

Region A Wanderer: Chapter GA-A captured the Wanderer from GA-B2. It will be given away on March 16th at Southern Cooking, 406 Hwy 155 S., McDonough, GA. Registration from 3:00 -4:00 PM. Plaque to be given away around 4:30 PM.

Continued from page 2.

you have to do until you feel better. Try to travel when the conditions are most comfortable for you. Maybe leave early in the morning, take a mid-day siesta and then resume travel in the late afternoon or evening. When you feel

you cannot go on any farther, stop and find a room, get a good meal and most importantly: Get a good nights sleep! We know, We know easier said than done. Clint Eastwood said while playing Dirty Harry: "A man's got to know his limitations!" Recognize the

signs and Don't let fatigue take control of you! To sum it all up: Be mindful out there, the life you save may be your own!

Until next time:

Roy & Julie

Schedule of Events

- March 21-23, 2013-Florida District Rally, Kissimmee
- April 11-13, 2013—Alabama District Rally, Mobile
- April 25-27, 2013-South Carolina District Rally, North Charleston
- May 4, 2013—GA-R Spring Picnic, Acworth
- May 4, 2013-C.O.Y. Rendezvous, Spring Creek Part Resort, Lake Seminole, GA
- May 11, 2013—GA-T Fun Day.
- May 18, 2013—GA-D MAD Event, Cumming
- June 13-15, 2013—Wing Fling, Dillard, GA
- July 3-6, 2013—Wing Ding,



Another Benefit of Your GWRRA Membership

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For more information see the Member Benefit page at www.GWRRA.org.

GWRRA Motto-"Friends for Fun, Safety and Knowledge"

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Sid and Donna Cohen Assistant District Director/ Couple of the Year Coordinator

"Please help the Couple of the Year Program by providing a Couple of the Year Basket."

Honoring Our New Couples Of The Year

March is now upon us. Only 2 more months until the 2nd annual Couple of the Year Rendezvous. We had a ball at the first one so Lynn and Lyn Edwards, our Region A Couple of the Year Coordinators, planned another one. It is on May 4th at the Spring Creek Park Resort at Lake Seminole, Ga. That is near Bainbridge. All Current Couples of the Year, Past Couples of the Year, Chapter Directors and anyone who is interested in the Couple of the Year Program is encouraged to attend. WOW that should include everyone. It is not a recruiting tool for anything, but another way for friends to come together and meet more friends. Please make plans to attend. Call 229-861-3247 to make reservations today. See the flyer on the Georgia Web site under Couple of the Year. Did I mention the resort has great food? There is also an Ice Cream Social planned.

The rally season is here. The Florida rally is in March and I keep hearing Georgia folks are heading down there to enjoy themselves. We hope to see you. Chapter Directors remember our rally is only 4 months away. Please help support the Couple of the Year Program by providing a Couple of the Year Basket. All

proceeds go to help the District Couple of the Year with some expenses during their year. Last year we had quite a few baskets and all of them were great, let's do it again.

I would like to thank the Chapter's that have honored a special couple this year, the list is still growing. As we get pictures of the Couples they are placed on the Web Site. Take a look see if you recognize anyone.

Ride safe and often,

Sid & Donna

Congratulations to Our New 2013 Couples of the Year!

International —Greg & Renee Dempsey

Region A—Dana & Joe Voight

Georgia District—Larry & Pamela Clemmer

GA-A—Bryan & Nina Douglas

GA-B2—Dean & Candace Watts

GA-D—Buddy & Debbie Bertram

GA-H—John & Lynn Hyde

GA-12—Ronnie & Margaret Vaughn

GA-L—Scott & Jackie Whitener

GA-S-Vance & Fern Oakes

GA-T—Ralph & Debbie Stewart



Julie Degler, GA-A/Georgia Team Larry Clemmer, GA-A/GA C.O.Y. Dee Lozano, GA-S Sandy Hatfield, GA-S Sunny May, Granddaughter of Ricky & Dixie Mooney, GA-T

In Memory

Brother of Jim Allen, GA-A Louise Morgan, Mother of Rich Morgan, GA-H

